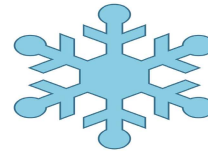




# The Ample Pantry®

Pickup – Delivery – Catering



## January Dinner Menu

All dinners come complete with tossed salad, rolls, fresh baked vegetable, and dessert.

MEAL PRICING ■ \$19<sup>50</sup> ■ \$26<sup>50</sup> ■ \$35<sup>50</sup>

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Happy New Year!! We Are Closed	2 We Are Closed
5 Beef Stroganoff Daily Menu	6 Daily Menu Baked White Fish	7 Ham Au Gratin Daily Menu	8 Meatloaf Dinner Daily Menu	9 Daily Menu Chicken Fricassee
12 Cashew Chicken Daily Menu	13 Swiss Steak Daily Menu	14 Daily Menu Pork Tenderloin	15 Turkey Dinner Daily Menu	16 Swedish Meatballs Daily Menu
17 Shrimp Linguine Daily Menu	18 Chicken Pot Pie Bake Daily Menu	19 Daily Menu Chicken Parmesan	20 Chicken & Dumplings Daily Menu	21 Daily Menu Chicken Piccata
26 Chicken Enchiladas Daily Menu	27 Daily Menu BBQ Ribs	28 Hearty Beef Stew Daily Menu	29 Daily Menu Apple Stuffed Pork	30 Chicken Tetrizzini Daily Menu

### AVAILABLE EVERY NIGHT:

We are OPEN for LUNCH! Monday-Friday: 11:30am-1:30pm

Hot chicken salad -or- Vegetable/Meat lasagna \$19.<sup>50</sup> Baked salmon -or- Stuffed Chicken Breast \$26.<sup>50</sup> Filet of Beef\* \$38.<sup>50</sup>

#### hours

Monday-Friday: 8am-6pm

Delivery is 4-6pm for \$4

"Available Every Night" Menu now includes FIVE choices:  
Hot Chicken Salad, Veggie Lasagna, Meat Lasagna, Baked Salmon  
and Stuffed Chicken Breast!



SCAN ME

*Place your order today!*

ONLINE [www.theamplepantry.com](http://www.theamplepantry.com)  
BY PHONE 269.375.8300  
IN PERSON 4325 W. Michigan Ave., Kalamazoo

ASK US ABOUT LUNCH-TO-GO OPTIONS & EVENT CATERING

\*Ask us about menu items that are cooked to order or served raw. Consuming raw or under cooked meats, poultry, seafood or eggs may increase your risk of food borne illness.