



The Ample Pantry®

Pickup - Delivery - Catering



October Dinner Menu

All dinners come complete with tossed salad, rolls, fresh baked vegetable, and dessert.

MEAL PRICING ■ \$19⁵⁰ ■ \$26⁵⁰ ■ \$34⁵⁰

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Daily Menu Apple Stuffed Pork	2 Hearty Beef Stew Daily Menu	3 Daily Menu Hawaiian Chicken
6 Beef Stroganoff Daily Menu	7 Ham Au Gratin Daily Menu	8 Daily Menu Chicken Marsala	9 Chicken Enchiladas Daily Menu	10 Daily Menu BBQ Ribs
13 Shrimp Linguine Daily Menu	14 Daily Menu Pork Tenderloin	15 Turkey Dinner Daily Menu	16 Daily Menu Crab Cake Dinner	17 Daily Menu Marinated Flank Steak*
20 Daily Menu Chicken Piccata	21 Swedish Meatballs Daily Menu	22 Hot Chicken Salad Daily Menu	23 Baked Lasagna Daily Menu	24 Daily Menu Baked Salmon
27 Daily Menu Chicken Parmesan	28 Swiss Steak Daily Menu	29 Daily Menu Chicken Cordon Bleu	30 Pot Roast Dinner Daily Menu	31  Chicken Lasagna Daily Menu

AVAILABLE EVERY NIGHT:

We are OPEN for LUNCH! Monday-Friday: 11:30am-1:30pm

Hot chicken salad -or- Vegetable/Meat lasagna \$19.⁵⁰ Baked salmon -or- Stuffed Chicken Breast \$26.⁵⁰ Filet of Beef* \$37.⁵⁰

hours

Monday-Friday: 8am-6pm

Delivery is 4-6pm for \$4

"Available Every Night" Menu now includes FIVE choices:
Hot Chicken Salad, Veggie Lasagna, Meat Lasagna, Baked Salmon
and Stuffed Chicken Breast!



SCAN ME

Place your order today!

ONLINE www.theamplepantry.com
BY PHONE 269.375.8300
IN PERSON 4325 W. Michigan Ave., Kalamazoo

ASK US ABOUT LUNCH-TO-GO OPTIONS & EVENT CATERING

*Ask us about menu items that are cooked to order or served raw. Consuming raw or under cooked meats, poultry, seafood or eggs may increase your risk of food borne illness.